



**JAN., FEB., MAR., APRIL 2010**

3011 Hamilton Blvd., Sioux City, IA 51104 • 712-258-3161  
Hours: Sat. 10 a.m. - 5 p.m, Mon.-Fri. 10 a.m. - 5:30 p.m.  
Closed Sun. (open for special events)  
www.heartandhand.com • email: Hrthand@yahoo.com

**BUSES ARE WELCOME!**

# Heart & Hand

**DRY • GOODS • COMPANY**



**Come in and check out some great new fabrics!**

Chalk Cloth – you can really write on it

*American Vintage* by Windham

*Creekside Trail Flannels* from Moda

*Rouenneries* by Moda

Batiks, Batiks and more Batiks from all companies

*Eclectic Garden & Splendor* by Jason Yenter

*Garden Fresh* from Andover

*Lamour* from Moda

Hoffman Challenge fabric

*Fairy Frost* by Michael Miller

Lakehouse

*Beach House* by Robyn Pandolph (Feb.)

*Paper Dolls* from Blue Hill (Feb.)

*Old Glory* from Blue Hill (Feb.)

*Plus...many novelties, basics and sew much more!*

## National Quilting Day

In honor of all quilters- you are special!  
Celebrate with us on March 19th & 20th

Door prizes and special discounts.

## Quilt Guild Invitation

The Siouxland Samplers Quilt Guild meets the second Monday of every month at the First Presbyterian Church, 6th and Nebraska, in downtown Sioux City at 7 pm. New members and visitors are always welcome.

January, Feb., March & April 2010

Busses welcome!

## Block of the Month

On Point – 9 month program. The new BOM will start in April.

On point is a diagonal set quilt, made from 14 framed pieced blocks. Surrounding a large pieced star or graceful rose appliqué center. Pieced setting triangles and squares finish into a 80" x 101" bed size quilt. We are working on the sample – stop in and take a look! Details and times to follow.

**We Love Quilting!**



## And the color of the year is...Turquoise!

Each year the Pantone Color Institute selects a color based on its general sense of the world's mood. Turquoise, while combining serene blue and invigorating green, evokes thoughts of soothing, tropical waters, and an escape from everyday troubles, while restoring a sense of well-being at the same time.

"In many cultures, turquoise occupies a very special position in the world of color" says Leatrice Eiseman, executive director of the Pantone Color Institute. "It is believed to be a protective talisman, a color of deep compassion and healing, and a color of faith and truth, inspired by water and sky. Through years of color word-association studies, we also find that turquoise represents an escape to many – taking them to a tropical paradise that is pleasant and inviting, even if only a fantasy."

This is a pretty accurate description of what most people would hope for in the New Year – faith, truth, compassion and an escape. If a tropical paradise escape doesn't fit into the New Year plans – how about a few yards of turquoise fabric!



# Learn a new skill/make new friends: sign up now for a class at Heart & Hand



color. Keep a chart of your fabric choices and watch your winding fire escape appear. See sample at the shop. Price includes pattern. Bring some pieces of favorite fabric from home and see if you can find some good compliments at the shop. This is a striking contemporary pattern.

Saturday, Jan. 30th 10am-5pm or  
Monday, Feb. 15th 10am-5pm

Cost: 40.00 (includes pattern)

*Pre-register for all classes at least one week in advance. Your registration is guaranteed only upon receipt of your class fee. If you must cancel a class, please let us know at least one week in advance and you may apply your fee to another class or store credit. Classes with less than two students will be cancelled and class fee refunded. Create your own class – if our class times do not work, get three people together and we will hold a class, daytime or evening. Please give us one week's notice.*

**APRON:** Move over, Betty Crocker – a new generation of homemakers comin' through. Aprons are hot! Learn to make the Church Ladies Apron. This pattern is inspired by a vintage apron – redesigned with modern style and details. This apron is also reversible.

Tuesday, Feb. 23rd 10:30am-3pm  
Tuesday, Mar. 23rd 10:30am-3pm  
Cost: \$25 (includes pattern and snack)

**FIRE ESCAPE:** A new pattern by Atchison Designs that features a vibrant zig-zag design across blocks of color. This is a fun one! The technique is basically strip-piecing nine patch blocks and combining them with large rectangular pieces of

**T-SHIRT QUILTS!** Time to make those t-shirt quilts for graduates, or maybe your favorite Harley rider or concert fan. We will take you through all the steps of making a t-shirt quilt.

Bring your shirts washed without fabric softener, and we will help you get them stabilized with interfacing, and talk about setting fabrics. Lots of settings and ideas will be discussed. We recommend a large square for cutting out the stabilized shirts. This class gives you time for cutting and stabilizing.

Saturday, Feb. 6th 10am-1pm , Tuesday, Feb. 9th 11-2, or Tuesday, Feb. 9th 6-9pm

Cost: \$20

We recommend you purchase a 15½" square for rotary cutting shirts. Interfacing will be available for purchase.



**PUNCHNEEDLE:** Learn this old method of embroidery to create fabulous small decorative pictures. All you need is a hoop and a punchneedle – we will provide the kit. Once you learn the

technique, this is a relaxing and fun form of handwork. See store samples. This is a great type of project to transport and work on anywhere.

Saturday, Jan. 23rd 2-4pm or Monday, Jan. 25th 2-4pm  
Cost: \$25 (includes kit)



**Learn to embroider!**

**BASIC HAND EMBROIDERY:** Never learned to execute those basic hand embroidery stitches but love those little towel projects? Maybe you have been saving a quilt pattern that includes some basic embroidery but you are nervous about starting it. Cathy Habermann will teach you the basic stitches using a small coffee-themed square that can be turned into a pillow or small wall quilt. Kit included in the price of the class – you will need an embroidery hoop.

Saturday, Jan. 23rd 10am-1pm or Monday, Jan. 25th 10am-1pm  
Cost \$25 (includes kit)

## SUPERBOWL SUNDAY: GET AWAY AND SEW!

Let's Band Together. If football is not your thing, we have a quilt you can work on all day – and munch on goodies we all bring from home. Bring your machine and a goodie to share. We have the pattern (from the February American Patchwork and Quilting Magazine). In fact, we will give you the whole magazine! This is an easy strip-pieced quilt that is perfect for your leftover scraps! Raid your stash for 7 (or more) fabrics and start making strip sets –all you need is one more fabric to bring them all together. Jane can show you how to adjust the pattern if you are working with fat quarters or smaller pieces from your stash. Come and sew and get away from the TV. You can still get home and catch most of the game if you are a fan!

Sunday, Feb. 7th 1-7pm

Cost: \$20 (includes magazine)

**BASIC MACHINE QUILTING:** Lots of finished tops left un-quilted? Jane will teach you how to machine quilt them on your own home sewing machine. Please be prepared to bring your own machine to class, along with a WALKING FOOT and a FREE MOTION QUILTING OR DARNING FOOT that fits your machine. We will discuss preparing the quilt for quilting, basting, straight-line machine quilting and beginning shapes and techniques of free motion quilting. We will provide a large quilt sandwich to practice with. Books and internet resources will be discussed and handouts provided.

Saturday, Feb. 13th 11am-3pm or Saturday, Mar. 13th 11am-3pm

Cost: \$40

**BASIC PAPER PIECING:** Pattern is included in this beginner class. Make a small Valentine themed table topper. Use our machines. We will shed light on this technique of piecing that guarantees perfect points and intersections every time.

Kit available

Saturday, Feb. 20th 11am-3pm

Cost: \$25 (includes pattern)

**MACHINE APPLIQUE:** Learn several techniques for appliqué. This class is a hand on class that where you will learn several methods for preparing appliqués . You will have lots of opportunity to practice machine techniques.

Saturday, Mar. 27th 11am-3pm

Cost: \$35 (includes kit) Bring your own machine with open toe foot.



**IT'S A WRAP:** Back by popular demand! Learn this fun and fast technique using clothesline. It's not just for clothes anymore. Make a bowl or a purse – we will guide you through the process.

Tuesday, Feb. 16th 10am-3pm

Cost: \$30 (includes clothesline)

**BULL'S EYE:** The reluctance to piece curved seams gave birth to the raw-edged bull's eye block. This is a fast, fun and easy quilt. Circles are cut freehand. Nothing to match, except the corners of the squares.

Thursday, Mar. 4th 11am-3pm

Saturday, April 10th 11am-3pm

Cost: \$25 (includes pattern)

**PAPER-PIECED LONE STAR:** Rexanne Smith will teach this advanced paper-piecing class. Make a small Lone star wall hanging with perfect points! Come and see the beautiful little sample in the shop.

Saturday, Mar. 6th 9am-3pm

Cost: \$40 (includes pattern, piecing papers and lunch)

## BEGINNING QUILTMaking

A five-week course that teaches the basics of quilting from beginning to end. You will learn proper rotary cutting, measuring, piecing the quilt top, layering and quilting the completed quilt sandwich, and binding. Cost includes the book "Beginning Quilting" by Alex Anderson, which includes several more projects for the beginner. Purchase your fabrics before the first class session and expect to do a little homework if you have a machine at home. We will also learn about choosing fabrics and lots of little tips and shortcuts in the process. See a sample of the project at the shop.

Cost: \$65 (includes book)

### Session I:

Daytime: Wednesday, Jan. 20, 27, Feb. 3, 10, 17, 24  
11am-2pm

Evening: Thursday, Jan., 21, 28, Feb. 4, 11, 18 6-9pm

### Session II:

Daytime: Wednesday, Mar. 10, 17, 24, 31, April 7  
11am-2pm

Evening: Thursday, Mar. 11, 18, 25, April 1, April 8 6-9 pm

See more great classes on the back...

**TOTE BAG: CLAIRE BAG:** Sophisticated yet lighthearted purse- tote or project bag loaded with pockets.

Wednesday, Feb. 24th 11am-3pm

Cost: \$10 Pattern must be purchased for \$9. Kits available

**HO-HO SNOWBALLS:** Celebrate winter, even if we are tired of it already! Here is an attractive scrappy or planned snowball quilt, good for a beginner – made up of snowball blocks in different sizes. We provide the quilt pattern.

Come and sew and enjoy some soup and goodies!

Bring your scraps, (5" squares, 10" squares, background fabric needed – see pattern at sign-up) and sew all day in our back room with guidance and staff available for pressing! This is a great quilt for coordinating charm squares and layer cakes.

Saturday, Feb. 27th 10am- when you get tired or 5pm

Cost: \$18 (includes lunch)

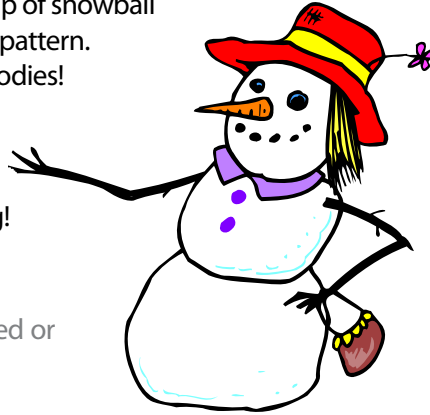
**OPEN CLASSROOM:** Bring in your unfinished project and meet with friends for a day of sewing at the quilt shop. No instructors, no fees, just fun!!

Friday, Feb. 12th 10am-3pm

Friday, Mar. 12th 10am-3pm

Friday, April 9th 10am-3pm

Cost: FREE



**MAGIC 9 PATCH: THE NEXT GENERATION:**

A complicated looking quilt – this quilt is only made from squares. It's Magic! Learn the trick to make this great scrap quilt. Charm pack friendly.

Saturday, Mar. 20th 11am-3pm

Cost: \$30 (includes pattern and sack lunch)



## DID YOU KNOW?

Every Monday is Fat Quarter Monday. 1 FREE with every 4 you buy!



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